



PE Curriculum Overview 2024-2025



| | Reception | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
|-----------------|----------------------------|---------------------------|---------------------------|------------|------------|------------|---------------------|
| Autumn 1 | Introduction to PE: Unit 2 | Fitness | Fitness | Fitness | Fitness | Fitness | Fitness Swimming |
| Autumn 2 | Fundamentals: Unit 2 | Hockey | Hockey | Basketball | Skipping | Swimming | Handball |
| | | Team Building | Team Building | Hockey | Hockey | Basketball | Athletics |
| Spring 1 | Dance – Unit 2 | Invasion Games | Ball Skills | Handball | Swimming | Dodgeball | Boxercise |
| Spring 2 | | Ball Skills | Invasion Games | Swimming | Handball | Tag Rugby | Hockey |
| | Dance | | | | | | |
| Summer 1 | | Striking & Fielding Games | Sending & Receiving | Cricket | Dance | Boxercise | Athletics |
| | | Sending & Receiving | Striking & Fielding Games | | Football | Rounders | Tennis |
| Summer 2 | Sports day | Sports day | Swimming beginners | Sports day | Sports day | Sports day | Sports day |
| | | Athletics | Sports day | Athletics | Athletics | Athletics | Swimming |